

29th Annual

Seaport World Trade Center
Boston, Massachusetts

May 30 - June 2, 2018

International Trauma Conference

Psychological Trauma

Neuroscience, Identity and Self

FEATURING

Conference Director:

Bessel A. van der Kolk, MD

With:

Margaret E. Blaustein, PhD

Judson Brewer, MD, PhD

Sherain Harricharan, PhD

Ruth Lanius, MD, PhD

Gabor Maté, MD

Michael Mithoefer, MD

Pat Ogden, PhD

Stephen W. Porges, PhD

Matthew Sanford

Richard Schwartz, PhD

Elizabeth Warner, PsyD

**Rev. Gloria E. White-Hammond, MD, MDiv
and many more!**

The study of trauma has probably been the single most fertile area in helping to develop a deeper understanding of the relationship among the emotional, cognitive, social and biological forces that shape human development. Starting with post-traumatic stress disorder (PTSD) in adults and expanding into early attachment and overwhelming attachment and social experiences in childhood (“Developmental Trauma”), this endeavor has elucidated how certain experiences can “set” psychological expectations and biological selectivity.

When addressing the problems of traumatized people who, in a myriad of ways, continue to react to current experience as a replay of the past, there is a need for therapeutic methods that do not depend exclusively on drugs or cognition. We have learned that most experience is automatically processed on a subcortical level of the brain; i.e., by “unconscious” interpretations that take place outside of conscious awareness. Insight and understanding have only a limited influence on the operation of these subcortical processes, but synchrony, movement and reparative experiences do.

A Perfect Waterfront Location Seaport World Trade Center & Seaport Hotel

The Seaport Boston Hotel & Seaport World Trade Center provides you with refreshingly different style and service. Located on the waterfront in the bustling Seaport District, the Seaport Boston Hotel offers you luxury accommodations with dazzling city and harbor views and incredibly convenient access to all major points of interest including the Financial District, Freedom Trail, Faneuil Hall, Fan Pier and the North End.

Enjoy complimentary wireless Internet access throughout the hotel plus one of Boston’s finest fitness facilities including an indoor heated pool. It’s just minutes from Logan International Airport with its own MBTA and water taxi stops! Experience the historic city while staying at Seaport, one of the most luxurious Boston hotels.

Reservations

Conference attendee rate is \$269 per night. Reservations can be made directly with the hotel; call toll-free 1-877-SEAPORT.

Please mention that you are attending the Trauma Conference.



Hotel Information

The Seaport Hotel
(adjacent to the World Trade Center)
One Seaport Lane
Boston, MA 02210
Phone: 877-732-7678
Website: seaportboston.com

Conference Location





Seaport World Trade Center
200 Seaport Blvd
Boston, MA 02210
Phone: (877) 732-7678

Reserve Early! Rooms Sell out Fast!






International Trauma Conf

PRE-CONFERENCE

WEDNESDAY WORKSHOPS

1. **Sports-Based Stabilization: Run, Throw, Catch, Compete, and Heal** 
2. **The Use of Psychedelic Substances, Particularly MDMA, for Treating PTSD** 
3. **Embodied Self-Experience** 
4. **Abiding in Community: A Model of Community-Based, Spiritually-Informed Trauma Intervention in the Midst of Individual and Collective Trauma Exposure** 

THURSDAY WORKSHOPS

5. **How to Engage the Body to Disrupt Entrenched Patterns** 
6. **De-Cruit: Helping Veterans to Come Home Using Theater** 
7. **Using EMDR Across the Lifespan** 
8. **Innovative Trauma-Informed Interventions in Group Care Settings for Traumatized Youth: Moving Beyond Word** 
9. **Frontiers of Applied Neuroscience of Trauma: Neural Correlates of Altered Self-Experience, Agency & Reciprocity** 

Thursday Evening at the Movies


7:30 PM

Angelo Unwritten Alice Stone

Discussants: Andy Pond, MSW, MAT & Adam Pertman

This documentary tells the story of a gifted yet troubled youth, and his final set of foster parents. For three tumultuous years, they face unforeseen challenges as they start a new chapter in their lives together as a family. The film is a call to action for continuing support and services for foster youth and families, which so often goes lacking once permanency or adoption has been established.

 = Workshops with CE Credit available.

 = CE Credit is not available.*

MAIN CONFERENCE

FRIDAY, JUNE 1, 2018

- 8:00 – 8:30 am **Registration**
- 8:30 – 8:45 am **Welcome & Introduction: Three Decades of Explorations in Trauma** 
Bessel A. van der Kolk, MD
- 8:45 – 9:45 am **The Effects of Traumatic Stress on Self-Experience: Balance, Perception & Sensory Integration** 
Sherain Harricharan, PhD, Elizabeth Warner, PsyD & Ruth Lanius, MD, PhD
- 9:45 – 10:45 am **The Psychological Processing of Traumatic Experience: Self-Awareness, Interoception & Memory Processing - How does EMDR Actually Work?** 
Ruth Lanius, MD, PhD, Matthew Sanford & Bessel van der Kolk, MD
- 10:45 – 11:05 am **Coffee Break**
- 11:05 am – 12:05 pm **The Craving Mind: Why We Get Stuck in Habits & How Mindfulness Helps Us Get Unstuck** 
Judson Brewer, MD, PhD
- 12:05 – 12:30 pm **Panel Discussion & Questions**
Faculty & Conference Participants
- 12:30 – 1:45 pm **Lunch (on your own)**
- 1:15 – 1:45 pm **Chair Yoga (optional)** 
David Emerson, E-RYT, TCTSY-F
- 1:45 – 2:45 pm **The Emergence of a Polygonal-Informed Therapy: How Music & Voice Contribute to Healing Following Trauma** 
Stephen W. Porges, PhD
- 2:45 – 3:00 pm **Coffee Break**
- 3:00 – 5:00 pm **Afternoon Workshops (see options on right)**

SATURDAY, JUNE 2, 2018

- 8:00 – 8:30 am **Registration**
- 8:30 – 9:30 am **The Effects of Trauma on the Mind-Body Relationship in Everyday Life: Posture, Balance, Self-Awareness, Sensory Integration, Giving and Receiving** **CE**
Matthew Sanford
- 9:30 – 10:30 am **When the Body Says No: Trauma, Physical Illness and Self Care** **CE**
Gabor Maté, MD
- 10:30 – 10:50 am **Panel Discussion**
- 10:50 – 11:10 am **Coffee Break**
- 11:10 am – 12:10 pm **The Evolution of Child Trauma Treatment: 15 Years of Attachment, Regulation and Competency (ARC)** **CE**
Margaret E. Blaustein, PhD
- 12:10 – 12:30 pm **Panel Discussion & Questions**
Faculty & Conference Participants
- 12:30 – 1:45 pm **Lunch (on your own)**
- 1:15 – 1:45 pm **Chair Yoga (optional)** **CE**
David Emerson, E-RYT, TCTSY-F
- 1:45 – 3:45 pm **Afternoon Workshops (see options on right)**
- 3:45 – 4:00 pm **Coffee Break**
- 4:00 – 5:00 pm **Amazing Grace: Journey to Wellness - The Intersection of Spirituality & Medicine to Promote Personal Healing and Community Wholeness** **CE**
Rev. Gloria E. White-Hammond, MD, MDiv
- 5:00 - 5:30 PM **Closing: Quaker Style Sharing & Debriefing (Optional)** **CE**

FRIDAY-AFTERNOON WORKSHOPS

- **Internal Family Systems and the Psychotherapy of Self-Leadership: Self and Identity** **CE**
Richard C. Schwartz, Ph.D.
- **Trauma and Self-Experience** **CE**
Ruth Lanius, MD, PhD, Wendy D'Andrea, PhD, Paul A. Frewen, PhD, C.Psych & Bessel A. van der Kolk, MD
- **Getting In-Touch with Touch: A Powerful Tool for Emotional and Physiological Regulation** **CE**
Elya Steinberg, MD
- **Equine Facilitated Psychotherapy (EFP) for Complex Trauma: Process & Evaluation** **CE**
Jennifer Miguel, LICSW & Tiffany Naste, LICSW
- **Traumatized Children & Adolescents: Balance, Multisensory Integration & Psychotherapeutic Work** **CE**
Elizabeth Warner, PsyD & Sherain Harricharan, PhD

* Workshop selection can be chosen onsite.

SATURDAY-AFTERNOON WORKSHOPS

- **Neurofeedback for Affect Dysregulation and Impairment of Executive Functioning** **CE**
Diana Martinez, MD, Ainaat Rogel, PhD, LICSW & Hilary Hodgdon, PhD
- **Healing Relational Trauma with Internal Family Systems (IFS) Therapy** **CE**
Frank Guastella Anderson, MD
- **Ongoing Assessment and Tracking of Client Progress: the JRI Client Assessment Tracking System (CATS), a Web-Based Continuous Quality Improvement Platform** **CE**
Lia Martin, PhD & Tara Sagor, CAGS, LMHC
- **When the Body Says NO. Consultation Time with Gabor Maté** **CE**
Gabor Maté, MD
- **Traumatized Inner City Youth: Opportunities and Obstacles in Hands-On Work** **CE**
Rev. Gloria E. White-Hammond, MD, MDiv, Alexandra Cook, PhD & Jana Pressley, PsyD
- **Moving the Traumatized Body: Consultation Time with Matthew Sanford** **CE**
Matthew Sanford

* Workshop selection can be chosen onsite.

Pre-Conference Workshops

WEDNESDAY, MAY 30

Choose One Full-Day Workshop

Workshop 1: Sports-Based Stabilization: Run, Throw, Catch, Compete, and Heal



Lou Bergholz, Sean M. Rose, M.Ed & Maren Rojas, MA

Sport continues to evolve as a recognized and powerful medium for healing and recovery from trauma. At last year's pre-conference workshop, we introduced a framework for sports-based stabilization by discussing the core elements of sport that promote healing. This year's workshop will present a deeper exploration of sports-based stabilization. We will map the ways that cutting-edge trauma research and clinical approaches can be applied to a sport context. We'll do this by walking in the shoes of a trauma-sensitive coach, expanding our understanding of the healing pathways that sport offers. There will be a close examination of some of the most profound, and often hidden therapeutic mechanisms that exist inside the sport experience, including: utilizing interval training to promote self-regulation, discovering why sport may be one of the few mediums left that allows us to leverage positive touch outside of a clinical setting, and how sport can help us unlock a client's inner narrative. There will be opportunities to study current examples of organizations that are utilizing sport to heal. And, we will be sharing lessons learned and best practices from a current sport for healing intervention being implemented in an after-school setting in Canada. Participants will leave with a "playbook 2.0" of sports-based stabilization techniques and strategies to apply to a wide range of clinical and non-clinical contexts.

Workshop 2: The Use of Psychedelic Substances, Particularly MDMA, for Treating PTSD



Rick Doblin, PhD, Michael Mithoefer, MD, Richard Schwartz, PhD, Shannon Clare Carlin, MA, Bessel A. van der Kolk, MD, & the members of the Trauma Center MDMA therapy team

For the first time in over four decades, researchers are returning to examining the therapeutic benefits of psychedelic substances, including MDMA (ecstasy), psilocybin (mushrooms) and LSD. In the 1970s the study of all psychedelics was criminalized in the US, despite emerging evidence of their medical value. Over the past decade, the Multidisciplinary Association for Psychedelic Research has helped to revive psychedelic research, sponsoring studies across the United States and around the world, including MDMA-assisted therapy for PTSD, and end-of-life anxiety. The results have been overwhelmingly positive and lasting over 72 months of follow-up. Few adverse effects have been reported. Psychedelics may promote a deepening and acceleration of the psychotherapeutic process. Strikingly, during therapy, people often are able to access and find peace with disavowed, "exiled" parts

of themselves. In this workshop the founder of MAPS will describe the evolution of psychedelic therapy, the principal investigator of the Phase I and II level trials will discuss outcomes and processes, while the Boston MDMA study team will discuss clinical experiences and applications. Psychedelics (in appropriate therapeutic contexts) may prove to be significantly more effective than most conventional treatments, and may well prove to be safer and more cost-effective.

Workshop 3: Embodied Self-Experience



Betsy Polatin, MFA, AmSAT, SEP & Licia Sky

The body keeps the score. The latest neuro-scientific research presented at this conference further confirms trauma affects the ways our bodies process sensations, balance, movement in space, and sense of self. Traditionally trained therapists may wonder how this knowledge can be applied to bring an embodied approach to therapeutic sessions. In this workshop, Betsy Polatin, author of *The Actor's Secret*, and Licia Sky, co-author of the *Body Keeps the Score* Workbook, will offer experiential exercises drawn from 30 years' experience in theater training, Alexander Technique, Somatic Experiencing, meditation, yoga, massage and Embodied Voice. We will focus on what happens in a therapy session from an interpersonal neurobiology perspective and demonstrate how bodily self-awareness affects the safety and ability to be present with whatever emerges. Participants will be guided through awareness experiences and reflective discussion of embodied orientation in clinical practice.

Workshop 4: Abiding in Community: A Model of Community-Based, Spiritually-Informed Trauma Intervention in the Midst of Individual and Collective Trauma Exposure



Jana Pressley, PsyD, Douglas Lomax & Colleen Sharka, LMHC

This workshop will highlight a community intervention model that addresses the chronic and collective impact of community violence and structural oppression as a form of developmental trauma exposure. A non-profit organization led by Rev. Liz Walker of Roxbury Presbyterian Church, the Cory Johnson Program for Post Traumatic Healing was developed after the loss of a young man in the community to homicide, and has committed to the ultimate value of abiding - existing as a long term, relational presence and sacred space for community members to find emotional and spiritual restoration in the midst of distress. This program promotes individual and community healing and empowerment through facilitating relational support, building/enhancing regulation capacity, and providing a context for narrative processing and meaning-making. This includes support groups, sharing of personal narratives, trauma education, support by trained community companions, individual psychotherapy, and a variety of mind-body approaches including trauma-sensitive yoga, fostering of synchrony and belonging with drumming, music and dance provided by artists-in-residence.

THURSDAY, MAY 31

Choose One Full-Day Workshop

Workshop 5: How to Engage the Body to Disrupt Entrenched Patterns



Pat Ogden, PhD

Trauma can become the central defining experience that determines patterns of thinking, feeling, and acting, patterns that persist after having been originally designed to navigate an unsafe world. Often described as "intractable," "resistant," "hard-to-treat," and "stuck," clients tend to be frequently revictimized, and sink further into hopeless despair when therapy fails to help. Trauma-related patterns are held in place by automatic, non-conscious physical and physiological habits; working directly with the body can loosen their grip. This workshop will focus on practical, easy to implement somatic interventions designed to catalyze change in chronic entrenched patterns, including those with dissociative disorders, addictions, repeated hospitalizations, and prolonged grief and shame. Participants will learn how to interrupt the client's narrative to target the body in a way that initiates new competencies and ways of being in the world. Practical application of the principles will be illustrated through both video excerpts of consultation sessions and experiential exercises.

Workshop 6: De-Cruit: Helping Veterans to Come Home Using Theater



Stephan Wolfert, Actor/Writer/Director, MFA

An army veteran, Shakespearean actor and theater director, Stephan Wolfert both wrote & performs the critically acclaimed play *Cry Havoc!* and created DE-CRUIT, an interdisciplinary program designed to help military veterans overcome the obstacles of transitioning from military service back into their communities. Countering the military's intense indoctrination and training, DE-CRUIT uses routinized techniques derived from principles of classical actor training (e.g., experiential analysis, symbolic representation, spoken verse) to transform military camaraderie into camaraderie among treatment group members to communalize the process of healing from the trauma of war. At its core DE-CRUIT is the process of interweaving personal writings with Veteran-related Shakespeare texts, applying stage skills to life-skills, and of processing of trauma within community.

Workshop 7: Using EMDR Across the Lifespan



Robert Tinker, PhD, PC

Starting at age one and ending with issues related to dying, EMDR can be effective across a wide spectrum of human problems. We will examine how EMDR is used with traumatized children, in phantom limb pain, after motor vehicle accidents and other discrete traumatic experiences, in dissociative clients, and with pain issues, using data from scientific studies, videotaped demonstrations and case histories. We not only have brain pre- and post- neuroimaging studies of EMDR treatment, but also have been able to demonstrate neurobiological shifts during the session itself, making EMDR the only form of treatment with a neurobiological shifts within a single session, as well as over time; not only with PTSD, but also in phantom limb pain.

= Workshops with CE Credit available.

= Experiential workshop - comfortable, loose-fitting clothing is suggested

= CE Credit is not available.*

*Research shared at this conference is still in an ongoing process. For some workshops, CE is not available due to the developing evidence.

REGISTRATION	8:00 – 8:30 AM
MORNING PROGRAM	8:30 AM – 12:30 PM
LUNCH (ON YOUR OWN)	12:30 – 2:00 PM
AFTERNOON PROGRAM	2:00 – 5:15 PM

Faculty

Workshop 8: Innovative Trauma-Informed Interventions in Group Care Settings for Traumatized Youth: Moving Beyond Words

CE

Amy Fingland, PsyD, Valerie Krpata, LICSW, Meredith Rapoza, LMHC, Michelle Vaughan, LICSW, Stacey Forrest, M.Ed, Katryn Haley-Little, LICSW, & Ben Oscar-Davis, M.Ed

Trauma focused treatment has transformed in the past decade to mean a lot more than individual talk therapy. This workshop will explore the creative application of trauma informed interventions that allows clients to engage in meaningful trauma healing outside of the therapy office. Clinicians work to develop individualized plans for clients that incorporate practical application of therapy goals in their daily life. Modalities that will be explored include Animal Assisted Therapy, Trauma Drama, Neurofeedback, therapeutic sports, SMART, sensory interventions and BCC—a model for use within residential settings that fully integrates trauma informed principles and behavior management. This workshop will utilize case examples to demonstrate the application of these interventions as well as to highlight the use of Identity Building plans as a crucial component to treatment for youth. Attendees should expect to come away with some practical applications tools that can be used in a variety of treatment settings.

Workshop 9: Frontiers of Applied Neuroscience of Trauma: Neural Correlates of Altered Self-Experience, Agency & Reciprocity

CE

Ruth Lanius, MD, PhD, Sherain Harricharan, PhD, Martin H. Teicher, MD, PhD, Paul A. Frewen, PhD, C.Psych, Wendy D'Andrea, PhD, Stephen W. Porges, PhD, Ainat Rogel, PhD, LICSW, Sebern Fisher, MA, BCN, Hilary Hodgdon, PhD, Matthew Sanford, Janine Thome, PhD, Jacek Kolacz, PhD, Gregory F. Lewis, PhD, Lourdes P Dale, PhD, & Bessel A. van der Kolk, MD

For several decades, we have understood that trauma changes the brain. Of course, survivors have intuited that all along, but research in the past few years is increasingly able to pinpoint what neuronal tracks are affected by various forms of trauma at different developmental stages. A variety of neuroscience studies from different laboratories now have been able to demonstrate specific alterations in the brain areas related to safety, sense of self, different self-states, issues of physical balance and interoceptive sensations, voice modulation, eye contact, shame, movement, coordination and agency. Being able to scientifically observe those changes in the central nervous system validates and confirms the importance of clinical phenomena whose relevance can easily be overlooked and dismissed. Being able to understand the underlying neurobiology of trauma opens up new (and old, but not widely practiced) methods of treatment. This workshop brings together researchers, clinicians, and neurofeedback practitioners who are exploring ways in which we can apply the neuroscience of trauma to clinical practice.

PLENARY FACULTY SPEAKERS

Margaret E. Blaustein, PhD, director of training, the Trauma Center at JRI; Co-author, *Treating Traumatic Stress in Children and Adolescents: How to Foster Resilience Through Attachment, Self-regulation, and Competency*.

Judson Brewer, MD, PhD, chief, Division of Mindfulness Executive Director, Center for Mindfulness; Associate Professor, Medicine and Psychiatry; University of Massachusetts Medical School; Research Affiliate, Department of Brain and Cognitive Sciences, MIT; author: *The Craving Mind*.

Sherain Harricharan, PhD, post-doctoral fellow, Department of Psychiatry, University of Western Ontario, Canada.

Ruth Lanius, MD, PhD, professor, Department of Psychiatry, University of Western Ontario; co-editor, *The Impact of Early Life Trauma on Health and Disease: The Hidden Epidemic & Healing the Traumatized Self: Consciousness, Neuroscience & Treatment*.

Gabor Maté, MD, adjunct professor, Faculty of Criminology, Simon Fraser University, Vancouver, BC. Has focused on child development, the mind-body unity in health and illness, and the causation and treatment of addictions; author: *In the Realm of Hungry Ghosts: Close Encounters with Addiction*, and *When The Body Says No: Exploring The Stress-Disease Connection*. www.drgabormate.com

Stephen W. Porges, PhD, distinguished university scientist, Traumatic Stress Research Consortium, Kinsey Institute, Indiana University; author: *The Polyvagal Theory; Neurophysiological Foundations and Emotions, Attachment, Communication, and Self-Regulation*, and *The Pocket Guide to the Polyvagal Theory: The Transformative Power of Feeling Safe*.

Matthew Sanford, yoga teacher, founder, Mind Body Solutions, and a paraplegic for the last thirty-nine years; author: *Waking: A Memoir of Trauma and Transcendence*. He teaches people around the US living with trauma, loss, and disability how to re-inhabit their bodies. www.mindbodysolutions.org

Bessel A. van der Kolk, MD, professor of Psychiatry, BUSM; Medical Director, Trauma Center at JRI; Past President, ISTSS; author, *New York Times Science best seller The Body Keeps the Score: Mind Brain and Body in Healing from Trauma*.

Elizabeth Warner, PsyD, is the Sensory Integration (SMART) Project Director at the Trauma Center at JRI, and has trained in the US, Canada and China.

Rev. Gloria E. White-Hammond, MD, MDiv, co-pastor, Bethel African Methodist Episcopal Church, Boston; visiting scholar in medicine and spirituality, Harvard Divinity School; retired pediatrician, South End Community Health Center; co-founder, *Do The Write Thing* for high-risk adolescent girls, and *My Sister's Keeper* for women in conflict zones.

WORKSHOP FACULTY

Michael D. Alpert, MD, psychiatry resident, Cambridge Health Alliance; Therapy team member, The Trauma Center at JRI.

Frank Guastella Anderson, MD, supervising psychiatrist, Trauma Center at Justice Resource Institute; author: *Internal Family Systems Skills Training Manual: Trauma-Informed Treatment for Anxiety, Depression, PTSD & Substance Abuse*.

Lou Bergholz, chief knowledge officer at Edgework Consulting has spent the last 20 years working on creating trauma-sensitive interventions, including @ the Justice Resource Institute, CARE International, Street Soccer USA, the Serious Fun Network and Up2Us Sports, including in Gaza and Thailand.

Elizabeth Call, PsyD, psychologist in private practice; therapy team member, MDMA study, the Trauma Center at JRI.

Shannon Clare Carlin, MA, MDMA Therapy Training Program Manager, psychedelic harm reduction program, & the Zendo Project. Served as co-therapist on Phase 2 trial researching MDMA-assisted psychotherapy for anxiety associated with life-threatening illness.

Alexandra Cook, PhD, SMART team member; Senior Supervisor, Trauma Center at Justice Resource Institute; author: *With the Phoenix Rising and A White Paper: Complex Trauma in Children and Adolescents*.

Lourdes P Dale, PhD, associate professor, Department of Psychology University of Hartford.

Wendy D'Andrea, PhD, assistant professor of Psychology at The New School for Social Research in New York, NY. Her research focuses on physiological manifestations and consequences of complex trauma.

Rick Doblin, PhD, executive director, Multidisciplinary Association for Psychedelic Studies (MAPS) Chair of the Board of Directors MAPS Public Benefit Corporation.

David Emerson, E-RYT, TCTSY-F, director, Trauma Center Yoga Project, yoga instructor; president, Black Lotus Yoga Studio; author: *Trauma-Sensitive Yoga in Therapy*; co-author: *Overcoming Trauma through Yoga*.

Amy Fingland PsyD, psychologist at the Trauma Center; director of trauma-informed services at Glenhaven Academy and Pelham Academy, JRI residential treatment programs for traumatized youth.

Francis Guerriero, MA, LICSW, private practice, Cambridge, MA; Therapy team member, The Trauma Center at JRI.

Sebern Fisher, MA, BCN, psychotherapist and neurofeedback consultant, Northampton, Mass; author: *Neurofeedback in the Treatment of Developmental Trauma: Calming the Fear-Driven Brain*.

Stacey Forrest, M.Ed, director of The Susan Wayne Center of Excellence and Susan Wayne Center Clinical Day School of JRI. She also provides training to organizations seeking to adopt trauma-informed treatment models.

Paul A. Frewen, PhD, C.Psych, assistant professor, Department of Psychiatry and Psychology, University of Western Ontario; Chair, Traumatic Stress Section, Canadian Psychological Association; author of 45 papers on trauma, affect regulation, mindfulness, dissociation, and the self; co-author: *Healing the Traumatized Self: Consciousness, Neuroscience & Treatment*.

Katryn Haley-Little, LICSW, clinical director, My Life My Choice, which provides mentoring services for youth who are victims of commercial sexual exploitation.

James W. Hopper, PhD, independent consultant and instructor in Psychology, Cambridge Health Alliance & Harvard Medical School; co-editor, *Mindfulness-Oriented Interventions for Trauma: Integrating Contemplative Practices*.

Hilary Hodgdon, PhD, director of Research Operations for Trauma Center at Justice Resource Institute.

Jacek Kolacz, PhD, postdoctoral research fellow Traumatic Stress Research Consortium, Kinsey Institute, Indiana University.

Valerie Krpata, LICSW, division clinical director at JRI. Trainer in ARC (Attachment, Self-Regulation, and Competency) and co-director of Trauma Drama, an improvisational theater-based trauma-focused intervention.

Faculty

Gregory F. Lewis, PhD, assistant research scientist, Traumatic Stress Research Consortium, Kinsey Institute, Indiana University.

Douglas Lomax, program manager for the Men's Health and Recovery Program at the Boston Public Health Commission; Director of Outreach and Addiction Services: The Cory Johnson Program for Post-Traumatic Healing.

Lia Martin, PhD, associate director of Quality Management for Justice Resource Institute.

Diana Martinez, MD, CEO of Necemod (Neuromodulation Center), Mexico. Director of Neurofeedback Clinic at Trauma Center.

Jennifer Miguel, LICSW, senior vice president for Justice Resource Institute.

Michael Mithoefer, MD, clinical assistant professor of psychiatry at the Medical University of South Carolina. In 2009 he has completed the first FDA approved clinical trial of MDMA-assisted psychotherapy for treatment-resistant PTSD and is conducting a second study of MDMA-assisted psychotherapy in military veterans, firefighters and police officers with PTSD.

Tiffany Naste, LICSW, director, clinical support & training for Justice Resource Institute.

Pat Ogden, PhD, founder and educational director, Sensorimotor Psychotherapy Institute; author: Trauma and the Body: A Sensorimotor Approach to Psychotherapy and Sensorimotor Psychotherapy: Interventions for Trauma and Attachment.

Ben Oscar-Davis, M.Ed, assistant program director at Pelham Academy, one of the Meadowridge Schools.

Adam Pertman, president, CEO and founder of the National Center on Adoption and Permanency, a unique national nonprofit organization that provides research, resources, education, training, consulting and advocacy to improve the lives of children, families and the professionals who serve them. Recipient 2016 Adoption Excellence Award, U.S. Department of Health and Human Services; Adoption Angel in Adoption award from the U.S. Congressional Coalition on Adoption; the Special Friend of Children Award from the American Academy of Child and Adolescent Psychiatry; the Dave Thomas Center for Adoption Law award.

Betsy Polatin, MFA, AmSAT, SEP, faculty, Boston University College of Fine Arts; author: The Actor's Secret, which combines the principles of The Alexander Technique, Breathing Coordination, performance training and Somatic Experiencing.

Andy Pond, MSW, MAT, CEO, the Justice Resource Institute. JRI provides an array of innovative and evidence-based outpatient mental health services throughout Massachusetts, Rhode Island, and Connecticut that serve the unique needs of children, adults, and families dealing with a range of emotional, psychological, and behavioral health challenge.

Jana Pressley, PsyD, director of education and professional development, The Trauma Center at Justice Resource Institute.

Ainat Rogel, PhD, LICSW, senior scientist, Trauma Center Child Neurofeedback study. Former visiting researcher, Ben Gurion University, Beer-Sheva, and Hebrew University, Jerusalem, Israel.

Maren Rojas, MA, partner at Edgework Consulting has over 20-years of experience as a soccer coach at the university and professional levels. She is an expert in trauma-informed programming and design, and has worked with organizations using sport and recreation for healing from Iraq to Rwanda to Newton, CT.

Meredith Rapoza, LMHC, director of Meadowridge Academy, a leading 36 bed therapeutic residential school located in Swansea, MA.

Sean M. Rose, M.Ed, executive director for Justice Resource Institute's Connecticut division. He has held various leadership roles in the public and non-profit sectors, and has successfully partnered with state and local government to advocate for and serve youth with complex trauma, mental health and behavioral health issues.

Richard C. Schwartz, Ph.D., founder of the Center for Self-Leadership; faculty Harvard medical school; author: You Are The One You've Been Waiting For; Internal Family Systems Therapy; Introduction to the Internal Family Systems Model; The Mosaic Mind and Metaframeworks.

Tara Sagor, CAGS, LMHC, director of Training & Trauma Response for Justice Resource Institute.

Colleen Sharka, LMHC, director of The Cory Johnson Program for Post-Traumatic Healing.

Licia Sky, singer/songwriter leads songwriting retreats for self-discovery and embodied voice, guiding awareness experiences that build safety, community and attunement.

Elya Steinberg, MD, head of training and co-director of the Centre for Biodynamic Psychotherapy in London, UK. Biodynamic Psychotherapist who integrates Biodynamic psychology, bioenergy, neurofeedback, psychological trauma work, martial arts and integrative medicine.

Anne St. Goar, MD, primary care physician at HVMA, emeritus, Certified Psychedelic Therapist; Boston MDMA Therapy team member with the Trauma Center at JRI.

Alice Stone, documentary movie maker and editor. Worked for PBS's NOVA and the Discovery Channel's "She Lives to Ride". Her documentary "Ride" showcases five women motorcyclists who slash stereotypes as they burn rubber. Co-creator of Central American stories, about the aftermath of the civil wars in Guatemala and El Salvador.

Martin H. Teicher, MD, PhD, associate professor of Psychiatry at Harvard Medical School; Director of the Developmental Biopsychiatry Research Program and Laboratory of Developmental Psychopharmacology at McLean Hospital. His research studies range from inquiries into the molecular mechanisms of brain development to brain-imaging studies of the effects of childhood maltreatment on brain development.

Robert Tinker, PhD, PC, has specialized in EMDR for 26 years in areas of writing, research, consultation, training and clinical practice; author: Through the Eyes of a Child: EMDR with Children.

Janine Thome, PhD, post-doctoral student; University of Western Ontario Dept. of Psychiatry.

Michelle Vaughan, LICSW, director at the Walden Street School in Concord, MA where she oversees a Residential Program specializing in trauma informed care for adolescent girls.

Susan Walker, MD, instructor in Psychiatry, Harvard Medical School. Child and Adolescent Psychiatrist, Cambridge Health Alliance. MDMA Therapy Team Member, the Trauma Center at JRI.

Stephan Wolfert, Actor/Writer/Director, MFA, executive director, De-Recruit. Founding artistic director of Shakespeare & Veterans and the Veterans Center for the Performing Arts. Company member, Bedlam Theater, NYC. Combining his own personal story of leaving the army with Shakespeare's writings on war, he created Cry Havoc! which he has performed around the world to critical acclaim.

Conference Specifically Designed For:

Physicians, Psychologists, Social Workers, Addiction Counselors, Counselors, Marriage & Family Therapists, Nurses, Psychiatrists, and other Mental Health Professionals

Continuing Education

CE certificates will be available online at the conclusion of the conference after completing the Evaluation Form using the password emailed to you. You will then be able to immediately print your conference Certificate. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval.

For other credit inquiries not specified above, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

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CONFERENCE OBJECTIVES

The objective of this conference is to present current research findings on how people's brains, minds, and bodies respond to traumatic experiences; how they regulate emotional and behavioral responses; and the role of relationships in protecting and restoring safety and regulation.

For additional CE information go to: www.pesi.com/traumaconference

29th Annual

REGISTRATION FORM

May 30-June 2, 2018

International Trauma Conference

Please complete entire form (to notify you of seminar changes) please print; staple duplicate forms

FULL CONFERENCE: Wednesday – Saturday, May 30 – June 2, 2018	Choose One For Each Day:	EARLY BIRD Reg. 30 Days Before	FULL PRICE	RESIDENTS, FELLOWS IN TRAINING, FULL-TIME STUDENTS
	Wednesday <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4	<input type="checkbox"/> \$495	<input type="checkbox"/> \$575	<input type="checkbox"/> \$395*
	Thursday <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9			

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Wednesday: Pre-Conference May 30, 2018	Choose One Workshop: Wednesday <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4	<input type="checkbox"/> \$175	<input type="checkbox"/> \$240	<input type="checkbox"/> \$175*
Thursday: Pre-Conference May 31, 2018	Choose One Workshop: Thursday <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9	<input type="checkbox"/> \$175	<input type="checkbox"/> \$240	<input type="checkbox"/> \$175*
Wednesday & Thursday: Pre-Conference May 30-31, 2018	Choose One For Each Day: Wednesday <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 Thursday <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9	<input type="checkbox"/> \$315	<input type="checkbox"/> \$365	<input type="checkbox"/> \$225*
Friday & Saturday, June 1 – 2, 2018 Main Conference		<input type="checkbox"/> \$325	<input type="checkbox"/> \$375	<input type="checkbox"/> \$225*
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29th Annual *International Trauma Conference* May 30-June 2, 2018

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